

Spirit Channeling Practice Group with Kathryn Girard/Zoom 2023

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7-8:30pm on the 3rd Tuesday of each month / \$20

Upcoming dates: Aug 15, Sept 19, Oct 17, Nov 21

The art of channeling involves the reception of communication from the higher realms and receiving and relaying messages. Channeling is for the purpose of communicating with beings in the higher realms of Light (angels, archangels, ascended masters, spirit guides, beings from higher dimensions) who are present to assist you, connect you with your soul's purpose, or enable you to assist others. It is also a tool for connecting with your own higher self and soul.

During these group sessions, we will practice the art of channeling using many different tools for the channeler. You will have the opportunity to connect more deeply with your own guides and teachers and to experience the energies of other participants' guides. We will explore bringing forward the messages for self and others using written and verbal channeling exercises.

This is a once a month gathering (3rd Tuesdays) for those who have **already had some experience channeling and are able to receive and communicate messages from spirit guides**. Feel free to contact me if you have a question about participating in the practice sessions.

Register with www.truenorthhypnosis.com using this link or the one above.

After you register, you will receive an emailed invitation with the login link and/or phone number to join this Zoom class.